

Ilkley Harriers Race Programme 2013

Every Saturday		9.00	5k Time Trial	Leeds (2), Bradford, Harrogate	5k	Register first-www.parkrun.com		
	April	Time	Event	Venue	Terrain	Distance	Contact	E/D
JR	Tues 16th	19.30	Bunny Run (3 of 3)	Old Sun Hotel, Haworth	Fell/CS	4.8km/100m	woodentops.org.uk	Yes
JR	Sat 20th	10.30	Meanwood Valley Trail	Old Leodiensians Club, Leeds	Trail	7.5m	Valley Striders	Yes
▲ JR	Sun 21st	10.00	Over the Odda	CofE School, Hawksworth	Trail	10k	Friends of Hawksworth	No
	Sun 21st	tba	Pendle Tri	West Craven Sports Centre	Mixed	750m/22k/5k	ukresults.net	N/K
JR	Tues 23rd	19.30	Bunny Run (Relays)	Old Sun Hotel, Haworth	Fell/CS	4.8km/100m	woodentops.org.uk	Yes
	Thur 25th	19.30	Dick Hudsons	Millenium Gardens	Fell	7m/600'	bofra.co.uk	Yes
➔▲	Sat 27th	10.00	Three Peaks	Horton-in-Ribblesdale	Fell/AL	37.4k/1608m	threepeaksrace.org.uk	No
	Sun 28th	9.00	Bradford 10k	Centenary Square	Road	10k	ukresults.net	No
	Sun 28th	10.00	Leeds Varsity 10k	John Charles Centre, Leeds	Mixed	10k	ukresults.net	N/K
	Sun 28th	11.00	Fountains 10k	CofE School, Grantley	Mixed	10k	Friends of Fountains School	No
May								
JR	Wed 1st	19.30	Lothersdale Fell Race	Village Hall, Lothersdale	Fell/BS	5.8km/180m	kcac.co.uk	Yes
	Sat 4th	11.00	Pendle Cloughs	Downham nr Clitheroe	Fell/AL	22.5k/1250m	fellrunner.org.co.uk	Yes
JR	Mon 6th	12.30	Coiners Fell Race	Mytholmroyd Community Cen.	Fell/BM	12.2km/405m	cvfr.co.uk	Yes
YV 12+	Wed 8th	19.30	John Carr 5k (1 of 3)	Esholt	Road	5k	Saltaire Striders	No
	Wed 8th	19.45	HDSRL - Otley	Otley Cricket Club	Mixed	5.8m	Neil Chapman	Yes
▲	Sat 11th	10.00	Kirklees 10k	Cathedral House, Huddersfield	Mixed	10k	ukresults.net	N/K
➔EC	Sat 11th	12.00	Fairfield Horseshoe	Rydal Hall, Ambleside	Fell/AM	14.5km/914m	amblesideac.org.uk	No
	Sun 12th	9.30	Leeds Half Marathon	Leeds City Centre	Road	½m	forallevants.co.uk	No
L JR	Tues 14th	19.15	Jack Bloor	Darwin Gardens	Fell/BS	8.4km/350m	jackbloor.co.uk	Yes
12+	Wed 15th	19.30	John Carr 5k (2 of 3)	Esholt	Road	5k	Saltaire Striders	No
JR	Wed 15th	19.30	Kildwick Fell Race	White Lion, Kildwick	Fell/BS	6km/245m	kcac.co.uk	Yes
	Sat 18th	11.00	Charlesworth Chase	Craven Arms, Appletreewick	Fell/BS	8.3km/366m	wharfedaleharriers.co.uk	Yes
▲	Sat 18th	11.00	Sowerby Scorcher	St Peters C. Sowerby Bridge	Mixed	10k	ukresults.net	Yes
BO	Sat 18th	13.30	Sedbergh Gala	The Showfield, Sedbergh	Fell	2.6m/1200'	bofra.co.uk	Yes
▲ JR	Sun 19th	8.00	St Annes Tri	Swimming Pool, St Annes	Mixed	400m/12m/5k	ukresults.net	N/K
RELAY	Sun 19th	8.00	Calderdale Way	North Dean Woods, Halifax	Mixed	80km/3660m	halifaxharriers.co.uk	No
	Sun 19th	10.00	Settle Hills	RUFC, Settle	Fell/BM	11.3/400m	settleharriers.org	Yes
	Tues 21st	19.45	HDSRL - Harrogate	Cardale Park	Road	6.06m	Neil Chapman	Yes
12+	Wed 22nd	19.30	John Carr 5k (3 of 3)	Esholt	Road	5k	Saltaire Striders	No
RELAY	Wed 22nd	19.30	Badgerstone Relays	White Wells	Fell	3.2km/120m	ilkleyharriers.org.uk	Yes
▲	Thur 23rd	19.30	Apperley Br. Canter	Woodhouse Grove School	Mixed	10k	Horsforth Harriers	Yes
▲	Fri 24th	19.30	Pudsey 5k	Post Hill, Pudsey	Road	5k	Pudsey pacers	Yes
L	Mon 27th	11.30	Ilkley Trail Race	Ilkley Lido	Trail/CM	11km/220m	ilkleyharriers.org.uk	Yes
June								
	Sat 1st	10.30	W/dale off rd. Mar.	Wharfedale Rugby Club	Fell/CL	40k/750m	wharfedalemarathonevents	No
L	Sat 1st	11.00	W/dale off rd. ½m.	Wharfedale Rugby Club	Fell/BL	21k/590m	wharfedalemarathonevents	No
	Sat 1st	14.00	Kelbrook Fell Race	Kelbrook Parish Church	Fell/BS	5.5k/213m	fellrunner.org.co.uk	Yes
	Sat 1st	15.00	Pen Y Ghent	Horton-in-Ribblesdale	Fell/AS	9.5k/564m	settleharriers.org	Yes
BO	Sun 2nd	12.00	Coniston Gullies	Black Bull Inn, Coniston	Fell	1m/900'	bofra.co.uk	Yes
BC	Sun 2nd	13.00	Yetholm Fell	Halterburn NT840277	Fell/AM	12.8km/760m	norhamrc.co.uk	No
	Wed 5th	19.30	Otley Chevin Fell	Station Road, Otley	Fell/BS	4.5k/210m	skyrac.org.uk	Yes
	Thur 6th	19.15	Hebden Bridge Fell	Calder Homes Park, H. Bridge	Fell/BS	9.6km/350m	todharriers.co.uk	Yes
▲ YV	Thurs 6th	19.30	The Full Bronte	Haworth Cricket Club	Road	5m	kcac.co.uk	Yes
L	Thurs 6th	19.45	HDSRL - Richmond	Venue tbc	Road	tbc	Neil Chapman	Yes
▲	Sun 9th	10.00	Marsden 10m	Marsden, nr Huddersfield	Mixed	10m	ukresults.net	Yes
BO	Sun 9th	12.00	Kettlewell BOFRA	Blue Bell Inn, Kettlewell	Fell	1.5m/600'	bofra.co.uk	Yes
L	Wed 12th	19.30	Otley 10	Otley Cricket Club	Road	10m	otleyac	Yes
L EC	Sat 15th	13.00	Buckden Pike	Buckden Village Green	Fell/AS	6k/486m	wharfedaleharriers.org.uk	Yes
BO	Sun 16th	12.00	Hawkswick Dash	Hawkswick	Fell	1.2m/600'	bofra.co.uk	Yes
	Thur 20th	19.30	Beamsley Beacon	Swan Inn	Fell	5.5m/900'	bofra.co.uk	Yes
BO	Sun 23rd	14.00	Helm Hill	Station Inn, Oxenholme	Fell	3.3m/900'	bofra.co.uk	Yes
	Wed 26th	19.45	HDSRL - Wetherby	Venue tbc	Road	tbc	Neil Chapman	Yes

➔ -Enter Early L - Harriers League M - Mob Match EC/BC - Fell Champs. YV - Yorks Vets Champs. ▲ - Enter Online

EX - Not your normal Events JR - Junior Races (times may differ) BO - BOFRA Championship Races FR - Fun Run (times may differ)