

Ilkley Harriers Race Programme 2014

Every Saturday	9.00	5k Time Trial	Leeds (2), Bradford, Harrogate	5k	Register first-www.parkrun.com			
	Time	Event	Venue	Terrain	Distance	Contact	E/D	
March								
	Sat 15th	8.00	Haworth Hobble	Haworth Primary School	Fell/BL	51k/1340m	kcac.co.uk	No
	Sun 16th	tba	Grizedale Duathlon	Grizedale Forrest	Off Road	6.5/24/6.5k	highterrinevents.co.uk	N/K
	Sun 16th	9.00	Bradford 10k	Centenary Square	Road	10k	ukresults.net	No
	Sun 16th	9.30	South Yorks Half Mar.	Goldthorpe, Rotherham	Road	½m	barnsleyac.co.uk	Yes
EX	Sun 16th	9.30	Major Series North	Bramham Park	DIRTY	Obstacle	majorseries.com	N/K
▲	Sun 16th	11.00	Trimple 20	Salt Ayre Leisure Centre	Road	20m	ukresults.net	No
▲	Sun 16th	11.00	Sweatshop 10m	Fire Station, St. Annes	Road	10m	ukresults.net	Yes
FR	Sun 23rd	11.00	Thirsk 10	Thirsk Racecourse	Road	10m	Thirsk & Sowerby Harriers	No
	Sat 29th	10.30	Heptonstall Fell Race	White Lion, Heptonstall	Fell/BL	24k/1000m	heptonstallfellrace.org.uk	Yes
	Sat 29th	11.00	Coniston 14	Coniston, Cumbria	Road	14m	coniston14.com	N/K
BC	Sat 29th	12.00	Donard Challenge	Donard Park, N. Ireland	Fell/	7.5k/850m	nimra.org.uk	Yes
▲	Sun 30th	8.00	Carr Hill Sprint TRI	Kirkham Preston	Mixed	400/23/6.4k	ukresults.net	N/K
	Sun 30th	9.00	Keighley Big K 10k	Victoria Park, Keighley	Multi	10k	bigk10k.org.uk	Yes
	Sun 30th	11.15	Rivock Edge	Silsden Sports Club	Fell/BM	10.9k/269m	fellrunner.org.uk	Yes
April								
JR	Tues 1st	19.00	Bunny Run (1 of 3)	Old Sun Hotel, Haworth	Fell/CS	4.8k/100m	woodentops.org.uk	Yes
L EC	Sat 5th	12.30	Pendle Fell	Barley Village Hall	Fell/AS	7.3k/457m	clayton-le-moorsharriers.co	No
	Sun 6th	8.30	Blubberhouses 25	Norwood Gr. Community Hall	Fell/CL	39k/885m	lwa.org.uk	Yes
▲ JR	Sun 6th	9.00	Padiham Aquathlon	Padiham, Burnley	Mixed	600m/5k	ukresults.net	N/K
▲	Sun 6th	9.00	Wakefield 10k	Clarence Park, Wakefield	Road	10k	ukresults.net	Yes
FULL	Sun 6th	9.30	Baildon Boundary	Baildon Cricket/Rugby Club	Mixed	½m	baildonrunners	No
	Sun 6th	9.30	Blackpool Mar. & ½m	Blackpool FC	Road	26.1m & ½m	Fylde Coast Running	Yes
	Sun 6th	tba	Skipton TRI	Craven swimming Pool	Mixed	400m/20/5k	Freebird Events	N/K
JR	Tues 8th	19.15	Bunny Run (2 of 3)	Old Sun Hotel, Haworth	Fell/CS	4.8k/100m	woodentops.org.uk	Yes
JR	Sat 12th	10.30	Meanwood Valley Tr.	Leodiensians Club, Alwoodley	Trail	7.5m	Valley Striders	Yes
	Sat 12th	14.00	Wardle Skyline	A58 Rochdale/Littleborough Rd	Fell/BM	11.3k/381m	rochdaleharriers	Yes
	Sun 13th	3.00	Boulsworth Bog	Wycoller Country Park	Fell/BM	13.2k/425m	wharfedaleharriers.co.uk	Yes
JR	Tues 15th	19.30	Bunny Run (3 of 3)	Old Sun Hotel, Haworth	Fell/CS	4.8k/100m	woodentops.org.uk	Yes
	Sat 19th	13.00	Chocathlon	Old Goods Yard, Marsden	Trail	9k	ukresults.net	N/K
L ▲	Sun 20th	10.30	Guiselley Gallop Trail	West Side Retail Park	Trail	10k	skyracac	Yes
JR	Tues 22nd	19.30	Bunny Run (Relay x 3)	Old Sun Hotel, Haworth	Fell/CS	2.4k/60m	woodentops.org.uk	Yes
	Sat 26th	10.30	Three Peaks	Horton-in-Ribblesdale	Fell/AL	37.4k/1608m	threepeaksraceorg.uk	No
▲	Sun 27th	10.00	Huddersfield ½m & Full	Laund Hill, Huddersfield	Road	½m & 26.1m	huddersfieldmarathon.co.uk	No
▲	Sun 27th	11.00	Fountains 10k	Primary School Grantley	Road	10k	ukresults.net	N/K
May								
	Sat 3rd	10.00	Fells & Bells	Church Hall, Addingham	Fell/BS	8.5k/310m	kcac.co.uk	Yes
EC	Sat 3rd	12.30	Coniston Horseshoe	Coniston, Cumbria	Fell/AM	14k/1065m	conistonfellrace.org.uk	No
JR	Mon 5th	13.30	Coiners	Mytholmroyd Community Cen.	Fell/BM	12.2k/405m	cvfr/co/uk	Yes
JR	Wed 7th	19.30	Lothersdale	Village Hall, Lothersdale	Fell/BS	5.8k/180m	kcac.co.uk	Yes
	Thurs 8th	19.45	HDSRL - Ilkley	Ilkley Rugby Club	Road	4.8m	Andrew Sheldon	Yes
	Sun 11th	8.00	Calderdale Relay	North Dean Woods	Mixed	80.5k/3660m	halifaxharriers.co.uk	No
L	Sun 11th	9.30	Leeds ½m	Town Hall, Leeds	Road	½m		No
▲	Sun 11th	10.45	Knaresborough 7m Tr.	St J. School, Knaresborough	Trail	7m	ukresults.net	K/N
L JR	Tues 13th	19.15	Jack Bloor	Wells Road, Ilkley	Fell/BS	8.4k/350m	jackbloor.co.uk	Yes
	Sat 17th	11.00	Charlesworth Chase	Craven Arms, Appletreewick	Fell/BS	8.3k/366m	wharfedaleharriers.co.uk	Yes
BO JR	Sat 17th	13.30	Sedbergh Gala Fell	Showfield, Sedbergh	Fell	2.6m/ 1200'	bofra.co.uk	Yes
▲	Sun 18th	8.00	St Annes TRI	Swimming Pool, St. Annes	Mixed	400/12m/5k	ukresults.net	N/K
	Sun 18th	tba	Driffield TRI	Leisure Centre, Driffield	Mixed	400m/19k/5k	Freebird Events	N/K
▲ JR	Sun 18th	10.00	Over the Odda 10k	C of E School, Hawthorpe	Trail	10k	ukresults.net	Yes
	Sun 18th	10.30	Ripon 10m	Ripon Cricket Club	Mixed	10m	Ripon Runners	No
	Tues 20th	19.45	HDSRL - Nidd Valley	Harrogate	Road	5m approx	Andrew Sheldon	Yes
▲	Thur 22nd	19.30	Apperley Br. Canter	Woodhouse Grove School	Mixed	10k	Horsforth Harriers	Yes
L ▲	Mon 26th	11.30	Ilkley Trail Race	Ilkley Lido	Trail/CM	6.9m/700m	ilkleyharriers.co.uk	Yes
JR	Wed 28th	19.30	Badgerstone Relays	White Wells	Fell	3 x 2m	ilkleyharriers.co.uk	Yes

➡ -Enter Early L - Harriers League M - Mob Match EC/BC - Fell Champs. YV - Yorks Vets Champs. ▲ - Enter Online

EX - Not your normal Events JR - Junior Races (times may differ) BO - BOFRA Championship Races FR - Fun Run (times may differ)