

## Junior Harriers Race Programme Autumn & Winter 2009 - 2010

	Time	Event	Venue	Terrain	Distance	Contact	Age
<b>October</b>							
Sun 4th	10.00	Harewood Trail	Harewood House	Mixed	2m	Valley Striders	5yrs - 16yrs
Sun 4th	11.30	Malam Charity Relays <b>BOFRA</b>	Listers Arms, Malham	Fell	N/K	bofra.co.uk	N/K
Sat 10th	9.00	Wharfedale Primary School XC League	Ghyll Royd School, Burley	XC	Various	School Co-ordinator	Reception - yr6
Sat 11th	11.45	Complete Runner XC <b>(Pre - entry only)</b>	Roils Head, Halifax	XC	Various	Speak to Alison Bennett/Sally Malir	U11/13/15/17
Sun 25th	10.30	Curly Wurly Rat Runs	Penistone Hill Country Park, Haworth	Fell	0.5m - 2m	woodentops.org.uk	U8 - U16
Sat 24th	11.30	Race you to the Summit (Fell)	Summit Inn, Todmorden (GR946188)	Fell/BS	4m/800'	ogdenwater.freeserve.co.uk	14+
<b>November</b>							
Sun 1st	11.45	Complete Runner XC (Pre - entry only)	Lawnswood, Leeds	XC	Various	Speak to Alison Bennett/Sally Malir	U11/13/15/17
Sat 7th	9.00	Wharfedale Primary School XC League	<b>(venue tbc)</b>	XC	Various	School Co-ordinator	Reception - yr6
Sat 7th	12.00	Shepherds Skyline <b>(Goody Bag)</b>	Shepherds Rest Inn, Todmorden	Fell	Various	todharriers.co.uk	U8 - U16
Sun 8th	10.00	Peco League XC	tbc	XC	1m & 2m	Speak to Alison Bennett/Sally Malir	8-10 & 11-16
Sat 21st	11.45	Complete Runner XC <b>(Pre - entry only)</b>	Thornes Park, Wakefield	XC	Various	Speak to Alison Bennett/Sally Malir	U11/13/15/17
Sat 21st	9.00	Wharfedale Primary School XC League	Ben Rhydding School	XC	Various	School Co-ordinator	Reception - yr6
<b>December</b>							
Sat 5th	10.00	Peco League XC	Golden Acre Park	XC	1m & 2m	Speak to Alison Bennett/Sally Malir	8-10 & 11-16
Sun 6th	11.45	Complete Runner XC <b>(Pre - entry only)</b>	Nunroyd Park, Guiseley	XC	Various	Speak to Alison Bennett/Sally malir	U11/13/15/17
Sat 12th		U11 Bradford Sportshall Athletics Trials	Richard Dunn Centre	Sportshall		Speak to Shirley	U11
Sun 20th	10.30	Curly Wurly Junior Quarry Runs	Penistone Hill Country Park, Haworth	Fell	0.5m - 2m	woodentops.org.uk	U8 - U16
Mon 28th	10.00	Jolly Holly Jog	Ripon Cricket Club, Studley Rd, Ripon	Off road	1.5m fun run	riponrunners.co.uk	Open
<b>January</b>							
Sat 9th		Yorks XC Championship <b>(Pre - entry only)</b>	Thornes Park, Wakefield	XC	Various	Speak to Alison Bennett/Sally Malir	U13/15/17
Sun 17th		U11 Bradford Sportshall Athletics final	EIS, Sheffield	Sportshall		Speak to Shirley	U11
Sun 17th	10.00	Peco League XC	Nell Bank, Ilkley	XC	Various	Speak to Alison Bennett/Sally Malir	8-10 & 11-16
Sat 23rd		NOE XC Championships <b>(Pre - entry only)</b>	Whitton Park, Blackburn	XC	Various	Speak to Alison Bennett/Sally Malir	U13/15/17
Sun 24th	10.30	Soreen Junior Quarry Runs	Penistone Hill Country Park, Haworth	Fell	Various	woodentops.org.uk	U8 - U16
Sat 30th		U13/15 West Yorks Sportshall Athletics Trials	Richard Dunn Centre	Sportshall		Speak to Shirley	U13/15
Sat 30th	9.00	Wharfedale Primary School XC League	Ashlands School <b>(6th Feb-reserve)</b>	XC	Various	School Co-ordinator	Reception - yr6
Sun 31st	10.00	Peco League XC	John Smeaton Sports Centre	SXC	1m & 2m	Speak to Alison Bennett/Sally Malir	8-10 & 11-16
<b>February</b>							
Sun 21st	10.30	Ilkley Moor Fell Race	Wells Road, Ilkley	Fell	Various	Shirley Wood or Neil Chapman	6+
Sat 27th		National XC Champs <b>(Pre - entry only)</b>	Roundhay Park, Leeds	XC	Various	Speak to Alison Bennett/Sally Malir	U13/15/17
<b>March</b>							
Sat 6th (tbc)	9.00	Wharfedale Primary School XC League	All Saints			School Co-ordinator	Reception-yr 6
Sun 7th	10.00	Peco League XC	Emmanuel College, Bradford	XC	Various	Speak to Alison Bennett/Sally Malir	8-10 & 11-16
Sat 13th	9.00	KS2 Relays	Nell Bank	XC	Various	School Co-ordinator	yr3 - yr6

Shirley Wood can be contacted on 01943 831765, and Neil Chapman on 01943 431750. - Check [www.junior.ilkleyharriers.org.uk](http://www.junior.ilkleyharriers.org.uk) for up to date race details.