



25th ANNIVERSARY

ILKLEY HARRIERS

1986-2011

Ilkley Lido Relays

Sunday 13th November 2011, 11.02am

A 2.9 mile (*3) road relay race over a scenic course to the north of Ilkley, starting and finishing at the wonderful Ilkley Lido.



Mostly road, left -hand turns, starting and finishing on the grass at Ilkley Lido.

Teams of three runners, prize classes: M/F U20, Senior, V40+, V50+ for prizes (other combinations welcome but no prizes); prize for fastest M/F leg.

UKA License 2011 – 103016

Parking, changing, Race HQ, Start and Finish at Ilkley Lido (LS29 0BZ).

Entries: £9/team if all UK athletics affiliated runners, £11/team otherwise, by 11th November, using the form below and collecting your race numbers on the day.

Entries to: Ilkley Lido Relays, 6 Longmeadows, Burley-in-Wharfedale, LS29 7RX.
Cheques payable to 'Ilkley Harriers'.

Entry on the day may be available, £11/£13, subject to race entries.

Race entry lists and full details on ilkleyharriers.co.uk

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ILKLEY LIDO RELAYS 2011

Team #

TEAM NAME

DESIGNATED TEAM CAPTAIN'S TEL #

LEG 1 NAME AGE/CLASS SIGN

LEG 2 NAME AGE/CLASS SIGN

LEG 3 NAME AGE/CLASS SIGN

Minimum age 15 years

Signed by
parent or
guardian
if
under 18

Please tick ONE of the TEAM CLASSES below:

F U20	F OPEN	F 40+	F 50+
U20	OPEN	40+	50+

Disclaimer: I understand that this race is held in accordance with the Rules of UK athletics.
I confirm that I am aware of the organiser's information and requirements in connection with this race. I accept the hazards involved in road running and acknowledge that I am entering and running in this race at my own risk. Other than the organiser's liability for causing death or personal injury by negligence, I confirm that I understand that the organiser accepts no liability to me for any loss or damage of any nature to myself or property arising out of my participation in the race.