

Ilkley Trail Race

Monday 30 May 2011 • start time 11.30am



ILKLEY
HARRIERS

6.9 miles of scenic, undulating woodland trails, footpaths, moorland and road with fantastic views over Ilkley and the Wharfe Valley.

Supported by



Prizes for open Male and Female then Men V40 and Female V35 up in 5 year steps. Prize for all finishers.

The North's Premier Running Specialist

Leeds Road
Ilkley
West Yorks
01943 601 581

Leeds Road
Nelson
Lancs
01282 690 111

£8 pre-entry by 22 May or £10 on day. Teams free. Over 18. Registration from 9.30am at: Swimming Pool and Lido, Denton Road, Ilkley LS29 0BZ.



ENTRY FORM for the Ilkley Trail Race, Monday 30 May 2011

Name

Male

Female

Address

Age on race day

.....

Date of birth

.....

Entry Fee enclosed

Signature

Club

Telephone

Email

I understand that this race is held in accordance with both the Rules and the Safety Requirements of the FRA. I confirm that I am aware of the organiser's information and requirements in connection with this race. I accept the hazards involved in fell running and acknowledge that I am entering and running in this race at my own risk. Other than the organiser's liability for causing death or personally injury by negligence, I confirm that I understand that the organiser accepts no liability to me for any loss or damage of any nature to myself or property arising out of my participation in the race.

Cheques payable to: Ilkley Harriers

Entries with 9" x 6" s.a.e. by 22 May to: Ilkley Trail Race, 4 Trinity Rise, Otley, West Yorkshire LS21 1RG

Email: trailrace@ilkleyharriers.org.uk Website: www.ilkleyharriers.org.uk

All proceeds from the Ilkley Trail Race go to Matugga Revival Centre, Uganda