Ilkley Trail Race

Monday 4 June 2012 • start time 11.30am





The North's Premier Running Specialist

Leeds Road Ilkley West Yorks 01943 601 581 Leeds Road Nelson Lancs 01282 690 111 6.9 miles of scenic, undulating woodland trails, footpaths, moorland and road with fantastic views over Ilkley and the Wharfe Valley.

Prizes for open Male and Female then Men V40 and Female V35 up in 5 year steps. Prize for all finishers.

£8 pre-entry by 22 May or £10 on day. Teams free. Over 18. Registration from 9.30am at: Swimming Pool and Lido, Denton Road, Ilkley LS29 0BZ.



ENTRY FORM for the Ilkley Trail Race, Monday 4 June 2012

Name	Male ☐ Female ☐
Address	Age on race day
	Date of birth
	Entry Fee enclosed
Signature	Club
Telephone	Email

I understand that this race is held in accordance with both the Rules and the Safety Requirements of the FRA. I confirm that I am aware of the organiser's information and requirements in connection with this race. I accept the hazards involved in fell running and acknowledge that I am entering and running in this race at my own risk. Other than the organiser's liability for causing death or personaly injury by negligence, I confirm that I understand that the organiser accepts no liability to me for any loss or damage of any nature to myself or property arising out of my participation in the race.

Cheques payable to: Ilkley Harriers

Entries with 9" x 6" s.a.e. by 22 May to: Ilkley Trail Race, 4 Trinity Rise, Otley, West Yorkshire LS21 1RG

Email: trailrace@ilkleyharriers.org.uk Website: www.ilkleyharriers.org.uk

All proceeds from the Ilkley Trail Race go to Matugga Revival Centre, Uganda